

Welcome to Öster Malma



Be active



BATHING AT LAKE LIKSTAMMEN

A lake so clean that it is said you can actually drink the water. Bring binoculars as chances are good that you will see one of the lake's signature birds; osprey and black-throated diver. The site is around 1 kilometre from Öster Malma Castle and offers bathing from low rocks.



ÖSTER MALMA'S QUIZ WALK

Take a walk around the grounds at Öster Malma and answer 12 quiz questions. The questions are largely about animals and nature, and there is always both a children's and an adult version. The walk is around 1 kilometre and starts in front of Röda Längan. Quiz sheets and solutions are found in reception – the rest is up to you.



CANOEING TRIP ON LAKE MALMA

Go canoeing on Lake Malma just below the castle. Enjoy our rich birdlife, watch the fallow deer grazing, and savour the silence. We have four new three-person canoes for hire. Life vests included.



CYCLING TOUR

Take a bicycle tour in the beautiful Sörmland countryside. You can borrow a bicycle from reception. (Our bikes are suitable for short trips in the surrounding area.)



WALK AND JOGGING ROUNDS

Take a walk in our beautiful surroundings and enjoy nature, animals and birdlife. Jogging? We have rounds of 1.5, 5.5 and 7.5 km to choose from. Map is available at the reception desk.



*Welcome to
reception. We
look forward to
helping you.*



Svenska Jägareförbundet
ÖSTER MALMA

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